



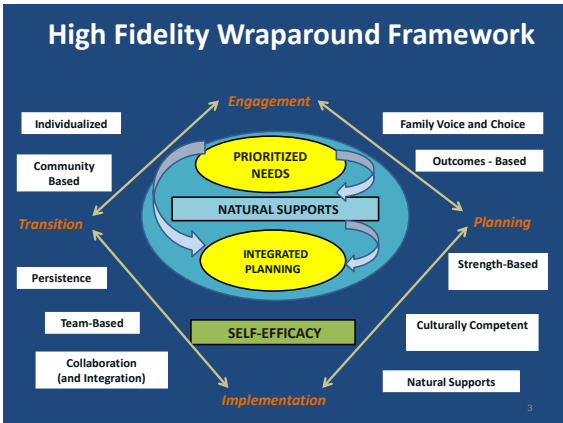
High Fidelity Wraparound: Ensuring **Family Voice & Choice** Directs the Planning Process

NACM's 22nd Annual Case Management Conference
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What is High Fidelity Wraparound (HFW)?

**National Wraparound Initiative's
Definition of High Fidelity Wraparound**
High Fidelity Wraparound is a team-based collaborative process for developing, implementing and monitoring individualized plans for youth with mental health challenges and multi-system involvement and their families.


<http://www.nwi.pdx.edu>



HFW Workforce

The HFW workforce all have distinct roles in the HFW process. They include: *HFW Coach, Facilitator, Youth Support Partner and Family Support Partner*

The HFW "team" is comprised of youth and family, the HFW workforce, natural supports, clinical staff and others the youth/family want on their team



Why High Fidelity Wraparound?

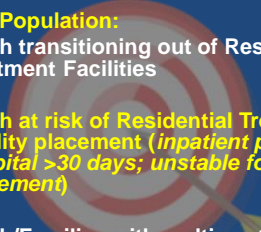
The Goals of HFW are to:

1. Meet the needs prioritized by the family.
2. Improve their ability and confidence to manage their own services and supports.
3. Develop or strengthen their own natural support system over time.



HFW in Philadelphia

- **Target Population:**
 - Youth transitioning out of Residential Treatment Facilities
 - Youth at risk of Residential Treatment Facility placement (*inpatient psychiatric hospital >30 days; unstable foster care placement*)
 - Youth/Families with multi-system involvement (*i.e., DHS/CUA, juvenile justice*)



Philadelphia Integrated System of Care Expansion (PISCE) Initiative

4 Year grant from SAMHSA to expand system of care for youth 10 -17 yrs with serious behavioral health/complex needs and their families in Philadelphia.

- **Key Goals:**
 - Reduce use of Residential Treatment Care & Length of Stays by **expanding use of High Fidelity Wraparound**
 - Increase Family Engagement competency
 - Promote True Family & Youth Partnership:
 - Clinical EBPs including expanding **use of Peer Support**

What is “System of Care”

System of Care Definition:

A spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families, that is:

- **organized into a coordinated network**,
- builds meaningful partnerships with families and youth, and
- **addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life.**

(Stroul, Blau, & Friedman, 2010).

Peer Support: An Evidence Based Practice



- Family Peer Support— officially recognized as **an evidence based practice covered by Medicaid in 2013.***
- PA has opportunity to expand FSP using MA \$
 - PA System of Care and PISCE partnering to meet **federal requirements, including training and certification and continuing education.**

*Joint Bulletin Issued by Centers for Medicaid Services and the Substance Abuse and Mental Health Services Administration 5/2/13, and Clarifying Guidance on Peer Support Services Policy to the originally issued 8/15/07 State Medicaid Director Letter on Peer Support Services (SMDL #07-011), on 5/1/13.

Family Peer Support Partner-Role



1. Partner and support the facilitator/coordinator/case manager (Can be a “bridge” to engagement w/family).
2. **Provide empathetic and compassionate support.**
3. Connect families with other supports and resources.
4. **Help families to navigate systems.**
5. Transfer knowledge and skills.
6. **Model the way.....**

10

Qualities Needed for a Family Peer Support Partner *

- Lived experience in raising a child with significant emotional and behavioral challenges.
- **Good communicator—listening and conveying information**
- Empathetic and compassionate; non-judgmental
- **Self-awareness- know where they are in journey with their child**
- Knowledge of professional & natural community resources

11

Qualities Needed....

- Enthusiasm and Passion!
- **Team Player**
- Flexible
- **Empowers Others**
- Genuine Respect for Others
- **Strengths-based**
- Willing to appropriately share their story
- **Sense of Humor (MY addition...)**



Family/Peer Support in Action

- Engagement (*Do for*)
 - Use personal story to teach through experience
 - Gather information on strengths, needs & culture
- Planning (*Do for, Do with*)
 - Role model effective behavior
 - Ensure family voice & choice
- Help others on the team understand family culture & strengths



FSP in Action...

- Implementation (*Do With, Cheer On*)
 - Access supports within family and community
- Transition (*Cheer On*)
 - Support Improved Self-Efficacy



Presenters

Angela Martin, Family Support Partner-HFW
 Karen Fallas, Facilitator-HFW
 Melodie Jackson, Family Specialist-SOC
 Tanya Moody, Supervisor Coach-HFW
 Valarie Oulds, Administrator, SOC

Thank
You