

## Want to Help Parents to Improve their Relationships with Their Children?

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## Welcome to our workshop

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Prior Experience:  
Child Welfare Worker  
Child & Family Therapist  
Mother of five  
Grandmother of eight

## Objectives of Workshop

By the end of the workshop, the participant will  
\*know what a healthy parent-child interaction looks like

\*be able to assist parents in play and other interactions with their children to help build the parent-child relationship

\*be able to do a very basic assessment to assist parents in ways to improve parent-child interactions

## Positive Parent Child Interaction

Parent and child are engaged with each other no matter what is going on. Example: The parent can be cooking a meal and the child is helping or just sitting there and talking to parent or making plans on what to do next.



## Not a positive child-interaction

Here is a little girl by herself attempting to feed a goat.  
What is wrong here?



## Negative parent-child interaction

Here is a family in a restaurant.



Activity One-Is there positive interactions here?

What is going on here?



Activity Two, here are more to think about



Activity one, cont.



Natural Interactions-What stops them?

We can see parent-child interactions with animals, it is something basic, but what has occurred to deter these natural interactions today?



The theories-Attachment and bonding



Cultural Effects of attachment & Interactions



### Disabilities

Need new ways to interact when disabilities exist.



### Dysfunctional Interactions



### Small Group Activity #1



Let's work with parents to build healthy interactions

- Play
- Daily Chores
- Family Activities



Engaging parents with children in the interaction

- Play



Engaging parents with children in the interaction

- Daily Chores
  - Household chores
  - Cooking
  - Laundry
  - Shopping



## Engage child & parent in the activity



## Community

- Parks
- Library
- Community Events



## Review-What is the difference here?



## Demonstration

- Parent and child working together on a project vs. parent driven project
- Parent and child working together playing a card game
- Parent and child baking cookies together



## Where can you do this work with families?

- In the office or special area for child-parent visits
- At home visits
- In the community



## Office-Parent child visits

Play area that is child friendly and developmentally appropriate

- Variety of toys, crafts, games, and other items
- No videos, electronic devices, etc.
- Goal is to get parent and child to engage with each other

## Home Visits

Hands-on activities to include:

- Household chores
- Games, crafts, music, whatever is available in the home



## Community Visits

- Grocery Shopping
- Malls
- Restaurants/Kid Friendly
- Parks/Amusement parks
- Museums
- Community Events
- Other child friendly places



## Quick Assessment

What do we look for when assessing a parent-child interaction?

- Level of engagement with each other
- Tone of conversation
- Face to face interaction
- Smiles and positive feelings displayed

## Activity Two-Assessing Interactions

We are going to look at a few slides, for each slide respond by circling one of the following:

- Positive, negative, or neutral
- On the line below explain in a few words why you think this.

## Slide #1



## Slide #2



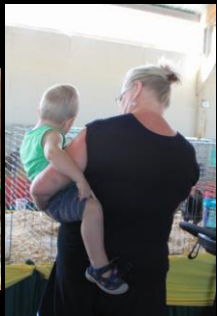
Slide #3



Slide #4



Conclusion



Objectives review

Did we meet the objectives?

- \*know what a healthy parent-child interaction looks like
- \*be able to assist parents in play and other interactions with their children to help build the parent-child relationship
- \*be able to do a very basic assessment to assist parents in ways to improve parent-child interactions

Questions?

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