

# Recommendations On Developing a CIT Case Management Program

## How do I get started?

1. Forming a relationship with a local law enforcement agency.
    - Based on your needs, establish a monthly mental health consortium with local law enforcement, District Attorney's office and local treatment organizations.
  2. Gather mental health/substance use call data.
  3. After data compilation, assess your need.
  4. Research and locate funding source(s), such as the Justice Assistance Grant (JAG).
  5. Secure funding and begin the hiring process.
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## I've secured funding and hired staff, now what?

1. Introductions to the entire patrol unit (i.e., briefings).
2. Familiarizing newly hired CIT staff with internal programs (e.g., school-based, intensive, trauma, Veteran's, etc).
3. Familiarizing CIT staff with external resources (e.g., food banks, housing, etc).
4. Integration into law enforcement agency (e.g., ride alongs, shadow SROs).
5. Implement easy referral process.
6. Positive reinforcement system (e.g., candy on your desk).
7. Providing positive feedback to deputies (e.g., correct referrals, community feedback).
8. Success = presence. Avoid out of sight, out of mind mentality by establishing an office (or two) in the law enforcement agency.

## Want more information?

U.S. Department of Justice: [https://www.bja.gov/ProgramDetails.aspx?Program\\_ID=59](https://www.bja.gov/ProgramDetails.aspx?Program_ID=59)

National Alliance on Mental Illness (NAMI):

<http://www2.nami.org/Template.cfm?Section=CIT&Template=/ContentManagement/ContentDisplay.cfm&ContentID=150242>

CIT International: <http://www.citinternational.org/>