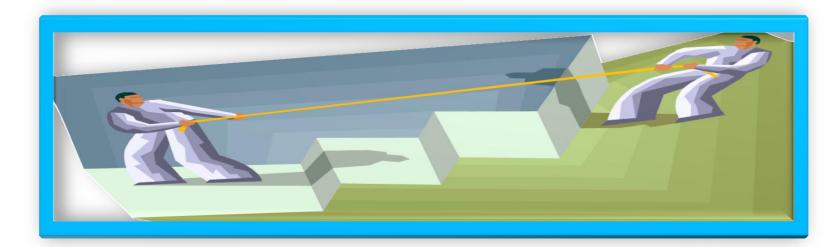
# Supervising Peers in Mental Health

**Issues that Might Come Up** 



### Can you think of issues to discuss?

 Have audience come up with some of the issues they have experienced. Show them this slide. Don't let them know that as a newbie to power point you skipped a slide when creating this presentation and had to come up with something to fill it in.

## What are the Pros and Cons of using Peers in Mental Health

#### **Pros**

- People who have had similar experiences can empathize.
- Able to use counseling techniques based on experience and effectiveness
- Less adversarial, meaning not as likely to have a coercive agenda.

#### Cons

- Sometimes professional boundaries get blurred.
- Not always on the same page as the larger team.
- Customers might object to having Peers as counselors.
- Tunnel vision due to relating to their own experience, not taking into account the Big Picture.

### Discussion

- What are some issues you are having with supervision.
- Flexibility is the key.
- Further resources.