An Effective Tool for Medically Frail Persons Served Home Safety &

Emergency Preparedness



Seniors and Caregiver Services By Anat Louis, Psy.D.



LADOA MISSION

Provide services to enhance the quality of life for <u>seniors</u> by promoting health, dignity, and independence.

To provide support and referrals to **caregivers** in the City of Los Angeles.















Provides critical medical information to emergency response personal during a medical emergency

FOL is a magnetic folder that attaches to a refrigerator and holds information to provide for more accurate medical treatment in case of emergency including a:

- medication list
 blood type

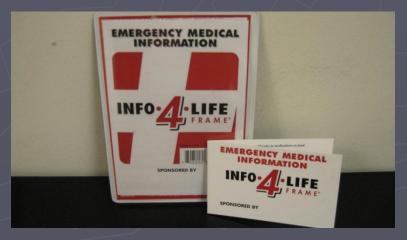
allergies
 emergency contact information

physician contact information

Free for adults age 60 years and older who live in LA County or LA City







Contact your local Area Agency on Aging for your copy

PERS	ONAL INFO	RMATION	
NAME/Nombre:			SEX: M / F
ADDRESS/Domicilio			
PHONE/Teléfono:			
DOCTOR:			
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] Glaucoma/Claucoma	Stroke/Embolia cerebral
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Version 2



File of Life can benefit people with:





Limited Mobility Issues Medically Frail Homebound Limited Hearing and/Vision Limited Care









On the Go. . .













Other Services Provided by the City of Los Angeles, Department of Aging

Information and Assistance Family Caregiver Support Program Case Management Elder Abuse Education Transportation **Emergency Alert Response** System (EARS) Emerging as ADRC (LA City, LA County AAA & ILC)

Program Literature Program and Service Provider Directory Nutrition Senior Employment Training (Title V) **Disease Prevention** & Health Promotion Aging Well in LA- Ch35 Television Show And Much More





(800) 510-2020 <u>www.aging.lacity.org</u> or City Operator "311" Or Call your local Area Agency on Aging