# HOLISTIC UNDERSTANDING AND APPROACHES TO HOUSING

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National Association of Case Management 2012 Annual Conference

#### THE GOAL OF CASE MANAGEMENT

 Our goal is to help individuals obtain the resources they need to address the challenges they face, and will face, throughout the course of their lives as they progress towards becoming independent self-sustaining productive members of society.

#### HOUSING

- The acquisition and maintenance of housing is a central component of a case management plan.
- Lack of housing has been associated with decreased health, criminal activity, and decreased life expectancy.
- Meeting a client's needs for housing is more complex than just finding a client a place to live.

#### MY HOME

- Caring
- Love
- Safety
- Security
- Refuge

- Fear
- Anxiety
- Pain
- Loneliness

## Our views and feelings of a home were shaped by our past experiences.

- More than a roof
- It is an extension of themselves
- How we feel
- How we interact
- Place in society

"Home is the rich set of evolving cultural, demographic, and psychological meaning we attach to a physical structure."

Lawrence, R. J. (1987)

Our home is a dynamic changing factor that continuously influences our every day lives.

#### • Construction:

- Volatile Organic Compounds
  - Formaldehyde, acetaldehyde, toluene, & isocyantas
  - Composite wood, insulation, paints, adhesives, stain repellents
- Polyvinyl Chloride (PCV)
  - Made from petroleum (vinyl)
  - Dioxion-Affects reproduction, develop, & alters immune systems.
  - Pipes, weather stripping, water sealers
- Heavy Metals
  - Lead, mercury, cadmium, chromium, antimony
  - Roof products, solder, batteries, thermostats, switches, stainless steel, paints

- Building Design
  - Personal space
  - Territoriality
  - Crowding
  - Privacy

- Interior Design
  - Personal space
  - Territoriality
  - Crowding
  - Privacy

#### Having a place to live is not the same as having a home.

"It is possible for a person to have a residence and yet be homeless."

Gifford, R. (1996)

#### Six dimensions of a home:

- 1. Haven
- 2. Order
- 3. Identity
- 4. Connectedness
- 5. Warmth
- 6. Physically suitable

#### BEYOND THE HOME

- Basic Living Skills Programs
- Life Management
  - Values
  - Resource Management
  - Money
  - Time Management
  - Consumerism
  - Household
- The Future

#### YOU JUST DON'T UNDERSTAND!

#### THINK STRATEGICALLY

#### RENTAL/MOVE-IN ASSISTANCE

#### Rental/Move-in Assistance

- DMH
- DPSS
- VA
- HOPWA
- Emergency Solutions Grants
- Private
- Other

### HOUSING OPPORTUNITIES FOR PERSONS WITH AIDS (HOPWA)

- Short-Term Rent, Mortgage and Utility (STRMU)
  Assistance
  - HIV+
  - Income <80% of AMI</p>
  - Los Angeles County
  - Have unexpected expense related to HIV or loss of income
- Permanent Housing Placement (PHP) Assistance
  - HIV+
  - Income <80% of AMI</p>
  - Los Angeles County
  - Moving into safe, decent, and affordable housing that is appropriate for the client's needs.

#### CONCLUSION

- Goal of case management
- Housing is a component
- Housing is more complex than just having a place to live
- Holistic approach to housing
  - Construction, design, layout, and maintenance
  - Clients need a home not just a place to live
  - We empowering clients with the necessary skills
  - Limited sources
  - Think strategically

#### QUESTIONS